

FUNCTHAT

SMARTER = STRONGER

AMERICA'S TEST KITCHEN BUYER'S GUIDE: PALEO EDITION

A

Almond Extract

Nielsen-Massey

McCormick Imitation

Applesauce

Musselman's Lite

Musselman's Home Style

B

Bacon

Farmland Hickory Smoked

Boar's Head Brand Naturally Smoked Sliced

Hormel Black Label Bacon,Original

Barbecue sauce

Bull's-Eye Original (FuncThat Note: Pretty much the only BBQ sauce without high fructose corn syrup).

Blueberries, frozen

Wyman's Frozen Wild

Broth, beef

Rachael Ray Stock-in-a-Box All-Natural Beef Flavored Stock

College Inn Bold Stock Tender Beef Flavor

Broth, chicken

Swanson Certified Organic Free Range

Better Than Bouillon

Broth, vegetable

Swanson Vegetarian

College Inn Garden Vegetable Broth

Butter, unsalted

Plugrá European-Style

Vermont Creamery European-Style

BEST BUY

Land O'Lakes



Canola oil

Mazola Canola

Capers

Reese Non Pareil

Roland Nonpareille

Chicken, breasts, boneless skinless

Bell & Evans Air Chilled Boneless, Skinless Chicken Breasts

Chicken, whole

Mary's Free Range Air Chilled Chicken (also sold as Pitman's)

Bell & Evans Air Chilled Premium Fresh Chicken

Springer Mountain Farms Fresh Chicken

Chili powder

Spice Islands

Pendery's Top Hat Chile Blend

Chocolate, dark

Callebaut Intense Dark Chocolate, L-60-40 NV

Ghirardelli Bittersweet Chocolate Baking Bar

Cinnamon

Penzeys Extra Fancy Vietnamese Cassia

Coconut milk

Chaokoh

Ka-Me

LIGHT

A Taste of Thai Lite Coconut Milk

Coffee, whole bean

DARKER ROAST

Millstone Colombian Supremo

LIGHTER ROAST

Green Mountain Coffee Our Blend

DECAF

Maxwell House

Peet's

Crabmeat

Phillips Premium Crab Jumbo

Blue Star Blue Swimming Crabmeat Lump Meat

BEST BUY (NON-REFRIGERATED, SHELF STABLE).

Miller's Select Lump Crab Meat

Curry powder

Penzeys Sweet



Garam masala

McCormick Gourmet Collection

Garlic Powder

Spice Islands Garlic Powder

BEST BUY

McCormick Garlic Powder

H

Ham, spiral-cut

Cook's Spiral Sliced Hickory Smoked Bone-In Honey Ham

Hot sauce

Huy Fong Sriracha Hot Chili Sauce

Frank's RedHot Original Cayenne Pepper Sauce

Original Louisiana Hot Sauce

K

Ketchup

Heinz Organic

Hunt's

Simply Heinz

M

Maple syrup

Maple Grove Farms Pure

Maple Syrup, Grade A Dark Amber

Highland Sugarworks Grade B

Mayonnaise

Blue Plate Real Mayonnaise

Hellmann's Real Mayonnaise (*FuncThat Note: I believe "Hellman's" is "Best Foods" in the western U.S.*)

Hellmann's Light Mayonnaise

Molasses

Brer Rabbit Mild

Plantation Barbados

Mustard, Dijon

Grey Poupon

Maille

Mustard, coarse-grain

Grey Poupon Harvest

Grey Poupon Country



Olive oil, extra-virgin

Columela

Lucini Italia Premium Select

Colavita

CALIFORNIA

California Olive Ranch Arbequina

Olive oil, pure

DaVinci 100% Pure

Colavita

P

Paprika

The Spice House Hungarian Sweet

Penzeys Hungarian Sweet Kulonleges

Pasta sauce

Bertolli Tomato & Basil

Francesco Rinaldi

Prego Marinara

Pasta sauce, premium

Victoria Marinara

Classico Marinara

Peanut butter, crunchy

Jif Natural

Skippy Natural Super Chunk

Peanut Butter & Co. Crunch Time No-Stir

Peanut butter, creamy

Skippy

Jif Natural Peanut Butter Spread

Reese's

Peppercorns, black

Kalustyan's Indian Tellicherry

Morton & Basset Organic

Pepperoni, sliced

Margherita

Peppers, roasted red

Dunbars Sweet

Cento

S

Salsa, hot

Pace Hot Chunky

Frontera Hot Habanero with Roasted Tomatoes and Cilantro

Salt

Maldon Sea Salt

Fleur de Sel de Camargue

Morton Coarse Kosher

Sausage, breakfast, patties

Jimmy Dean Fully Cooked Original Pork Sausage Patties

Sausage, breakfast, links

Farmland Pork Sausage Links, Fully Cooked

Sherry

Lustau Palo Cortado Península Sherry

Williams & Humbert Dry Sack Medium Sherry

Taylor Dry Sherry

T

Tea, black

PLAIN

Twinings English Breakfast

WITH MILK

Tazo Awake

Tea, green

Celestial Seasonings Authentic

Tomatoes, canned crushed

Tuttorosso in Thick Puree with Basil

Muir Glen Organic with Basil

Tomatoes, canned diced

Hunt's

Muir Glen Organic

Tomatoes, canned pureed

Muir Glen

Tomatoes, canned whole

Muir Glen Organic Whole

Peeled Tomatoes

Hunt's Whole Plum Tomatoes

Tomato paste

Goya

Pastene

Contadina

Tuna, in olive oil

Tonnino Tuna Ventresca Yellowfin

Tuna, in water

Wild Planet Wild Albacore American Tuna Pole Caught Wild Albacore

(FuncThat Note: Pretty sure Bumble Bee also rated very high and may be easier to find)

Turkey, whole

Empire Kosher

Bell & Evans All-Natural

Butterball Premium "Prebasted"

V

Vanilla beans

McCormick Madagascar Vanilla Beans

Spice Islands Bourbon Vanilla Bean

Nielsen-Massey Madagascar Bourbon Gourmet Vanilla Beans

Vanilla extract

McCormick Pure Vanilla Extract

Rodelle Pure Vanilla Extract

Vinegar, apple cider

Spectrum Naturals Organic, Unfiltered

Maille

Vinegar, balsamic

Lucini Gran Riserva

Monari Federzoni

Ortalli

Vinegar, red wine

Laurent du Clos

Pompeian Gourmet

Vinegar, white wine

FOR COOKING

Colavita Aged

FOR VINAIGRETTES

Spectrum Naturals Organic

Y

Yogurt, whole milk

Brown Cow Cream Top Plain

Stonyfield Farm Organic

Yogurt, Greek, full fat

Olympus

Greek Gods

Fage Total

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<http://www.functhat.com/category/food/paleo-diet/>